



Nottinghamshire
Carers
Association

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Carer-friendly
Employer

Carers in Employment Pledge

A Carer is someone of any age who provides unpaid support to family or friends who cannot manage without this help due to illness, disability, mental health or a substance misuse problem. Carers are the largest source of care and support in each area of the UK. It is in everyone's interest that they are supported. In order to care safely and in good health, Carers need information, support, respect and recognition. There are currently **13.6 million Carers** living in the UK, **6.5 million** of which are combining work and caring responsibilities, with up to **92,000 Carers living in Nottinghamshire**.

Our Challenge

To encourage all organisations throughout Nottinghamshire to sign up to our Carers in Employment Pledge and show their commitment to the unpaid Carers within their organisation. Employers will benefit from free training, resources and ongoing support from NCA, to support and encourage retention of those staff who, due to their unpaid caring responsibilities, are at risk of leaving the workforce.

We hope that the Carers Pledge will ensure Carers feel valued and will be supported to continue in their caring role.

Your Pledge

- We will acknowledge and support informal Carers within our organisation.
- We will nominate a Carers Champion.
- We will review our policies and procedures to ensure they are inclusive of Carers and make adjustments where necessary.
- We will communicate the support available to Carers throughout our organisation.

In return, Nottinghamshire Carers Association will:

- Train your nominated Carers Champion
- Work with your organisation to provide support to Carers within your company remit
- Provide up to date information and resources relevant to your organisation

Name

Organisation

Date